



COMMUNITY HUB 5

Located in El Dorado County Supervisorial District 5, Hub 5 includes the communities of Kyburz, Meyers, Pollock Pines, South Lake Tahoe, Strawberry, and Tahoma.

Community Hubs are partners who provide prevention and early intervention strategies within our libraries and neighborhoods to help strengthen communities and families in El Dorado County.

COMMUNITY PROFILE

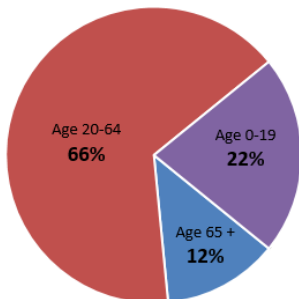
The Public Health Nursing Community Needs Assessment identifies challenges for Hub 5 families including risks for health disparities, dental disease, and mental health, increased health risks for Latino families, and increased risk of substance abuse among pregnant females. The Community Hub Profile Report builds upon these findings offering service priority considerations.

SERVICE PRIORITIES

Priorities in Hub 5 include concentrating outreach efforts on low-income families, at-risk youth and adolescents, families who identify as Hispanic, and advertise availability of healthcare access and navigation support. Service strategies to consider include preventative education, teen engagement, parenting, mobile dental services, nutrition, employment development, educational guidance and supports, and early care and education services for children not enrolled in preschool.

DEMOGRAPHICS

There are 34,311 people in Hub 5.



- Of the 7,436 children ages 0-19, 27% are 15-19, 21% are 10-14, 26% are 5-9 and 26% are under the age of 5.
- 80% of people identify as White, 1% Black, <1% American Indian, 5% Asian/Pacific Islander and 3% Multiracial. Of the total, 24% identify as Hispanic or Latino.
- 22% of families speak a language other than English.

FAMILIES

Of the 14,949 households in Hub 5, 3,627 (24%) have children 0-18.

- The average family size is 2.66.
- Of the 382 grandparents living with their own grandchildren, 16% of those are responsible for their care.



ECONOMICS



The median family income in Hub 5 is \$58,754.

- The average unemployment rate for individuals within Community Hub 5 is 12% .
- 9% of families live in poverty, while 21% of children live in poverty.

HEALTH

85% of Hub 5 residents have Health Insurance Coverage.

- 62% (or 21,264) of those with coverage hold private health insurance.
- 34% (or 11,707) have public health insurance coverage.
- 15% (or 5,187) of the population have no health insurance, 54 of which are under the age of 6, and 257 are ages 6-17.
- A total of 4,913 people within the Community Hub 5 service population have a disability, of which 147 are under age 18.



EDUCATION



88% of Hub 5 residents are high school graduates or higher.

- 25% (or 6,042) have a bachelor's degree or higher.
- There is insufficient ECE capacity, 1,454 slots for 1,903 children ages 0-5.
- There are 17 licensed child care centers serving 738 children and 20 licensed child care homes serving 206 children.

IMPORTANCE OF RESILIENCE

Connections matter in building resilience including healthy brains, caring relationships and strong families.

Positive interactions are the foundation for healthy brain development at any age. When children are exposed to prolonged and frequent (toxic) stress responses, and lack caring relationships, their brain development can be damaged. Resilient families are better prepared to address toxic stress and are essential to healthy communities.

In the absence of a caring relationship, adverse childhood experiences can disrupt healthy brain development. Research tells us the higher number of adverse childhood experiences (ACEs) resulting from trauma and toxic stress over time, impacts long term health outcomes. People with high ACE scores are more likely to be violent, to have more divorces, more broken bones, more drug prescriptions, more depression, and more autoimmune diseases. Currently, El Dorado County exceeds the state in the number of precursors to toxic stress including domestic violence calls for assistance per 100,000 adults (685.7/415.6), substance affected still or live born infants per 1,000 (45.4/23.4) and mental health diagnoses in pregnancy (129.7/48.5).

Strong families are essential for healthy communities. Community Hub Teams have been established to build resilient families, empowering them to address stressors before they become toxic.

HUBS BUILD RESILIENCE

Each Hub has a team that includes an Early Childhood Literacy Specialist, Family Engagement Specialist, Community Health Advocate and Public Health Nurse with the common goal to increase resiliency in families. Each Hub offers activities focused on early literacy and reading, child development and parenting, and preventative health services, all at no cost to the families.

CONNECT WITH HUBS

The best way to request services from the Hub team is to call or visit them at the library. To find your team member or for more information about Community Hubs, visit

<https://www.first5eldorado.com/community-hubs>.