



COMMUNITY HUB 1

Located in El Dorado County Supervisorial District 1 including El Dorado Hills.

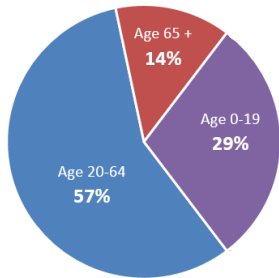
COMMUNITY PROFILE

The Public Health Nursing Community Needs Assessment identifies challenges for Hub 1 families including behavioral, mental health, and dental disease risks, health disparities, inadequate nutrition, and the need for family supports. The Community Hub Profile Report builds upon these findings offering service priority considerations.

SERVICE PRIORITIES

The service priorities in Hub 1 are to concentrate outreach efforts to low-income families, connect with at-risk youth and adolescents and connect with families who identify as Hispanic and Asian/Pacific Islander. Strategies to consider include preventative education, teen engagement and recreation, parenting education, mobile dental services and nutrition supports.

DEMOGRAPHICS



There are 39,658 people in Hub 1.

- Of the 11,624 children ages 0-19, 22% are 15-19, 32% are 10-14, 29% are 5-9 and 17% are under the age of 5.
- 82% of people are White, 2% Black, <1% American Indian, 10% Asian/Pacific Islander and 5% Multiracial. Of the total, 9% identify as Hispanic or Latino.
- 16% of families speak a language other than English.

FAMILIES

Of the 12,940 households in Hub 1, 5,400 (42%) have children 0-18.

- The average family size is 2.99.
- Of the 342 grandparents living with their own grandchildren, 16% of those are responsible for their care.



ECONOMICS



The median family income in Hub 1 is \$133,016.

- The average unemployment rate for individuals within Community Hub 1 is 8%.
- 2% of families live in poverty, while 3% of children live in poverty.

HEALTH

96% of Hub 1 residents have Health Insurance Coverage.

- 90% (or 35,665) of those with coverage hold private health insurance
- 18% (or 7,222) have public health insurance coverage
- 4% (or 1,438) of the population have no health insurance, 72 of which are under the age of 6, and 131 are ages 6-17.
- A total of 2,615 people within the Community Hub 1 service population have a disability, of which 218 are under age 18.



EDUCATION



96% of Hub 1 residents are high school graduates or higher.

- 52% (or 13,511) have a bachelor's degree or higher.
- The majority of young children (1,130) are cared for by family, friends or neighbors, exempt from licensing.
- There are 13 licensed child care centers serving 1,001 children and 16 licensed child care homes serving 162 children.

IMPORTANCE OF RESILIENCE

Positive interactions are the foundation for healthy brain development at any age. When children are exposed to prolonged and frequent (toxic) stress responses, *and lack caring relationships*, their brain development can be damaged. Resilient families are better prepared to address toxic stress *and are essential to healthy communities.*

In the absence of a caring relationship, toxic stress can disrupt healthy brain development. Research tells us the higher number of adverse childhood experiences (ACEs) resulting from toxic stress impacts health outcomes. People with high ACE scores are more likely to be violent, to have more divorces, more broken bones, more drug prescriptions, more depression, and more autoimmune diseases. Currently, El Dorado County exceeds the state in the number of domestic violence calls for assistance per 100,000 adults (685.7/415.6), substance affected still or live born infants per 1,000 (45.4/23.4) and mental health diagnoses in pregnancy (129.7/48.5).

Building family relationships is essential to healthy communities. Community Hub Teams have been established to empower families to address stressors before they become toxic.

HUBS BUILD RESILIENCE

Each Hub has a team that includes an Early Childhood Literacy Specialist, Family Engagement Specialist, Community Health Advocate and Public Health Nurse with the common goal to increase resiliency in families. Each Hub offers activities focused on early literacy and reading, child development and parenting, and preventative health services, all at no cost to the families.

CONNECT WITH HUBS

The best way to request services from the Hub team is to call or visit them at the library. To find your team member or for more information about Community Hubs, visit

<https://www.first5eldorado.com/community-hubs>.